



PRE-TREATMENT INSTRUCTIONS

Waxing

1. Allow the hair to get about ¼ of an inch long (about the length of a grain of rice) before your appointment
2. 72-hours before waxing please do not use scrubs, exfoliations, retin-A, retinol, dermabrasion, glycolic peels or tanning
3. You should be off Accutane for at least 12 months prior to treatment
4. Avoid Brazilian or bikini waxing if on menstrual cycle
5. For under arms, it is important to NOT use any anti-perspirants or deodorants on the day of the appointment.
6. On the day of the appointment try to avoid any perfumes, colognes, after-shave, or body lotions on the area to be treated. Use no topical products if at all possible.
7. For treatment on the bikini area please dress appropriately and bring a change of clothing or any hygiene products that might as needed.

Please contact our office at 903-357-5108 with any questions or concerns.



POST-TREATMENT INSTRUCTIONS

Waxing

- No peels, tanning, wet room services, swimming/spas/hot tubs for 72 hours after waxing
- Redness (erythema) and swelling (edema) may be seen in treated areas 2 hours or longer after treatment. Swelling may last for a few days and can be relieved by applying ice over the area
- Patients with darker skin may experience slightly more discomfort and are advised to use aloe vera gel or antibiotic treatment for a week.
- Avoid scratching or scrubbing treated areas. This may cause crusting/scabbing or wounds on tender and sensitive skin.
- Use an antibiotic ointment if a crust or scab develops. Keep the area moist with antibiotic cream. Allow the crust or scab to fall off.
- Protect the skin from the sun to avoid pigmentation. Use sunscreen products with SPF 30 or greater.
- Patients may experience skin shedding a few days after treatment. Gently wash the area by using a wet cloth.

Please contact our office at 903-357-5108 with any questions or concerns. If you have an emergency or urgent pressing clinical issue, call Dr. Carter at 903-818-3467.

Please make an appointment for follow-up and reassessment in 2-6 weeks.

Patient Name (please print)

Patient Signature

Date